

## MORGAN GROIN GUARD SIZE CHART

PRODUCT SIZE	WAIST SIZE (cm)	WAIST SIZE (inches)
XS	50 - 60 cm	20 - 24 inch
S	60 - 70 cm	24 - 28 inch
M	70 - 80 cm	28 - 32 inch
L	80 - 95 cm	32 - 38 inch
XL	90 - 110 cm	36 - 44 inch

Note: if you fall between 2 sizes always take the next size up as the waist band is elasticated